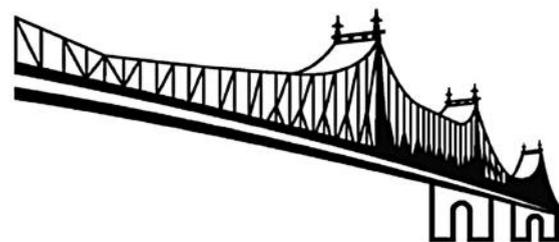


SAC NEWS BULLETIN



A Holiday Meditation In the Midst of Crisis



Crisis act like an X-Ray for the soul. That is, they cut through our protective coverings to reveal what's on the inside. In a crisis, both character and flaws are revealed; we become exposed to our core.

A seminary professor once taught us a couple things about crises. First, is that crises don't last forever and second, we never come out of them the same as we were.

We now find ourselves in a crisis for our time and our generation; a crisis that will be remembered for generations. It has a reach that touches home and doesn't yield to changing the station or flying away. This crisis reveals our fears and challenges our resilience.

In many of our traditions celebrated this time of year, we encounter stories of people caught in deep crisis. Some enslaved, some in exile, some under the iron fist of foreign regimes. Life was capricious, short and tragic. These stories may feel time worn, yet when read in times of plague and pestilence, they come alive in new ways. We find that the X-Ray-of-crisis gave rise to a solid core of faith among our ancient poets and prophets.

Our ancestors relate stories of survival, recovery and liberation, not as foregone conclusions, but in a process involving a mixture of faith, hope and love. With courage they faced their mortality and found

strength in the deep recesses of their souls, in their shared history and in sacred promises handed down from generation to generation.

The X-Ray-like nature of this virus may reveal some parts of us that are troublesome and disturbing. For example, it may reveal a deep seated anxiety, a preoccupation with meaning, a tendency towards depression. Yet, as we see ourselves more clearly it can also become a time to claim our heritage of hope. The ancient stories are there for us. Read at this critical time they help us: identify with Abraham who journeyed without a destination; Joseph who interpreted royal dreams from prison and forgave his jealous brothers; or St. Peter who began to see the interconnection of a universal human community.

We will come out on the other side, but we will be different. If we can find faith, practice love and indulge in the hope of the ages, we may find our cores strengthened, our bonds of humanity refreshed and the world a more humane place to live.

*The Reverend Steven Jay Yagerman is Rector,
All Saints Church (Episcopal), East 60th Street*

President's Message



Dear SAC Members & Friends,

In these dark and troublesome times, it is always good to know that your neighborhood friends at SAC are here to help. Please contact us either via e-mail or telephone if you are an individual who requires assistance in the purchase of groceries or medications.

Please remember though that we at SAC are here to assist the people of Sutton Place. We look eagerly forward to the day when we will be able to have events for our members to help celebrate the passing away of this pestilential scourge. God willing, sooner rather than later.

Sincerely,

Charles Coutinho, Ph. D.
President, Sutton Area Community

SAC Gets Social!

Now you can communicate easily with SAC. Get the latest information about the Sutton Community and SAC, or let us know what's on your mind.

Online: www.suttonareacommunity.org
Twitter: @SAC_NYC Instagram: @sac_nyc

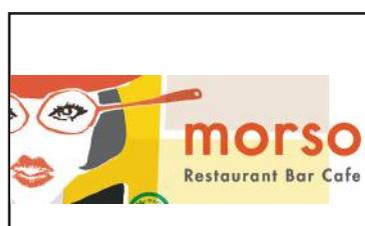
You can access these links directly or from the SAC web page. If you have something to contribute to our social media, please send an email to: sacsuttonarea@gmail.com

SAC Board Members

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SAC Bulletin Staff

Editor - Peggy Willenbucher, Esq. • Publisher - Selene B. Varnel
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OUR CLINIC IS OPEN

VIRTUAL VISITS WITH A PHYSICAL THERAPIST

All you need is a computer, laptop or iPad to begin. It is as simple as clicking on a link that we send to your email. Call us today at 212-317-1600 to schedule your first virtual visit.

During the time, which we are mostly indoors and not able to exercise in our studio, you can effectively exercise inside your apartment or home with or without any weights. I can help you with that. Through Skype, WhatsApp, I can somewhat "supervise" you through a training online or via a video phone call. You can email me at - mth@michaelhudson.nyc - or phone/message at 347.231.3443.

Michael Hudson

If you are an elderly person, or disabled and need assistance in purchasing food or other essentials, please contact us at SAC. We can try to assign a volunteer to help you. Telephone us at 212-838-9770 or write at sacsuttonarea@gmail.com.

What to do when under Quarantine?

Some suggestions from SAC's President

The Financial Times recently came up with an interesting list of books to read while one is entrapped in one's house or apartment. Without gainsaying other peoples list of things to read, I would like to suggest some books and other forms of art that we can and should enjoy. My list is not exhaustive by any means. And any reader may feel free to add to it or suggest something else. So with that said, here it goes:

Books

1. Anything by *Louis Auchincloss*. Auchincloss is the house novelist of 'Old New York'. I recommend in particular: "Portrait in Brownstone," "The Rector of Justin" and the "The Embezzler."
2. The short stories of *John Cheever*. Cheever's stories convey still the panache and bon ton that was post -1945 New York; the era when much of our current Sutton Place was built.
3. Anything by *F. Scott Fitzgerald*. Especially the short stories. The latter convey to the reader the brash exuberance of the 1920s that contributed to those upper-class pioneers who helped first to build and settle Sutton Place between 57th and 59th streets.

Cinema

1. *Jean-Luc Godard's* "My life to Live." Perhaps Godard's chef d'oeuvre. It is the classically tinged tale of a fallen woman, who sinks into the mire of the Demimonde. It is beautiful to behold. Anna Karina plays her role to perfection.
2. *Andre Wajda's* "Kanal" is without a doubt the greatest war film in the history of cinematography. Watching this film, which opens with scenes of the Germans systematically destroying the city of Warsaw, should render moot, any tendency that we might have by way of self-pity for our current predicament.
3. *Andrei Tarkovsky's* "The Sacrifice," the last work of the greatest Russian filmmaker of the second half of the 20th century, is a sharp and stark reminder how "black swan" events are not merely the province of our post-cold war world. The film further begs the question of what "sacrifice" each of us would make to save the world for our loved ones.

A version of this article appears in Sutton Place Social. All rights reserved.

From a British National Living in the Sutton Place Area

As a British subject, I grew up protected by the National Health Service which provided total free health care from the cradle to the grave. Most Europeans enjoy similar benefits.

But now, even generous minded European counties are joining Pres. Trump and the US Congress in throwing ever more money at the growing havoc being created by a tiny microbe, a fraction of a millimeter long, and vowing to do even more to resist the economic damage it is causing.

I have lived on Sutton Place for over 30 years after I became the UN correspondent for the New York Times. My European-born and educated children attended US colleges and married Americans and now I have 5 American grandchildren. But Sutton Place is very different now.

Sutton Place has become a wasteland from the coronavirus which has banned fun and jollity in our elegant neighborhood—not for the first time. The neighborhood was more or less founded by J.P. Morgan's lesbian daughter as a hideaway. But during World War I, it was transformed into an American support center for

the struggling French army during World War I. Then it became a beacon of internationalism as it is the location of the house for the United Nations Secretary General.

Today, the surrounding fleshpots are shuttered with a thoroughness that would delight a Teheran Ayatollah while the US plans to spend \$2.2 trillion of spare change to save its economy without even asking who will repay the money. But this is only a small part of what is different.

Worldwide, governments are shoving mountains of money as the economic havoc from Covid-19, for which they failed to prepare. In normal times, about 8% of Western firms go bust every year and about 10% of the workforce lose their jobs. Now, governments are shoring up business and preserving jobs with grants and cheap loans for struggling companies. Recently, President Emmanuel Macron of France vowed that no company will face the risk of bankruptcy because of the virus. British Prime Minister Boris Johnson, now himself ill with the virus, acknowledges that in the past super bailouts helped the banks "but" not the people who really suffered".

Continued on page 5

Fingers and Faces

Why it's so hard to keep one from the other

Because respiratory viruses such as COVID-19 enter your body through the mucous tissues at the eyes, nose and mouth, touching your face right now can be problematic.

Actually, not just problematic. A problem because touching your face is a normal reaction to stress, so seemingly instinctive that you did it even before you were born.

It is also a way to deliver social signals, and most intriguing of all, an act that connects to the parts of our brain that enable thinking and memory.

First things first. In 2014, a group of British researchers at Durham University's Department of Psychology used ultra-sound to scan the activity of 15 healthy male and female fetuses as they developed in utero. What they saw surprised them. When the mothers were stressed, the fetuses touched a hand to face. The greater the stress, the more frequent the touch – and always with the left hand. Because being right-handed is more prevalent among humans, the scientists expected that the hand movement would switch to the right as the fetuses grew. It didn't. Nor did it predict who would be left-handed at birth. (Fetuses of mothers who smoked also seemed to touch hand to face more frequently.)

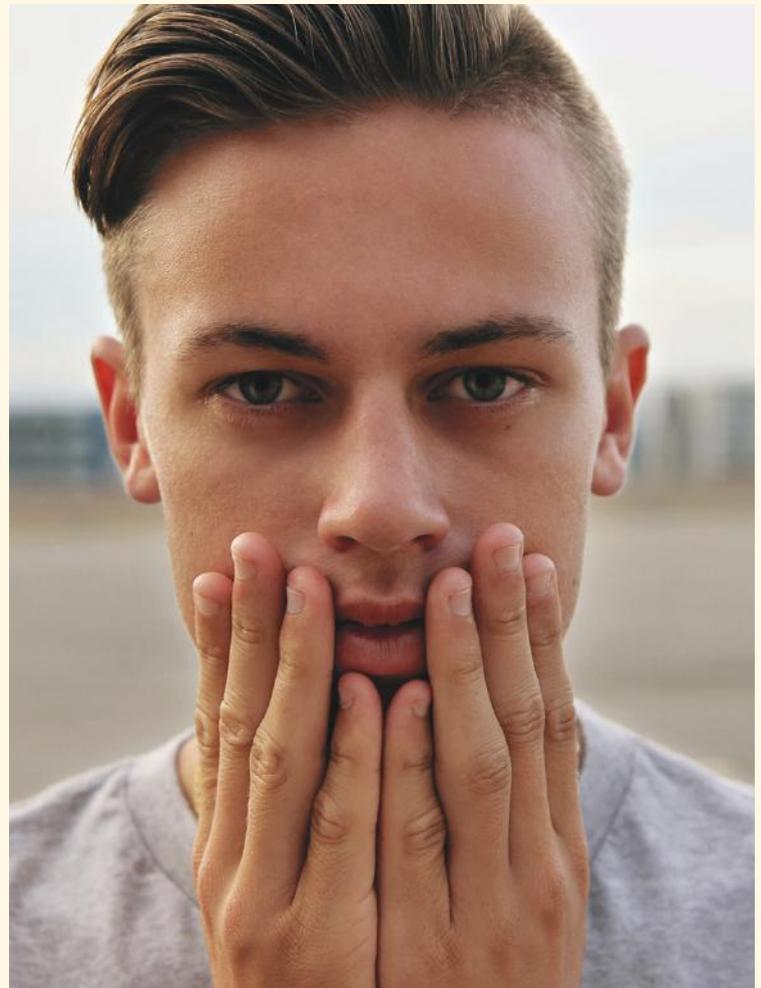
Chemo-Signaling

Now to social signaling. Back in the 1970s, a study of ground squirrels showed that a male will wipe his hand – okay, paw – across his face and then over his body before going into battle with another male. What he's doing, of course, is spreading scent from facial glands to signal strength, warning his opponent to back off.

This is called chemo-signaling, and humans do it, too. Researchers at the University of Bern in Switzerland have found that men are definitely attracted to certain female body odors, most particularly those that change to indicate when a woman is most fertile. As for hand-to-face chemo-signaling, in 2015, when scientists at the Weitzman Institute in Israel observed what happened when humans met and shook hands, it turned out that after a handshake people often sniff the hand they used to shake, a gesture the scientists interpreted as testing the scents of people they had met.

Hand and Brain

Finally, there's the link between hand and brain. Six years ago, brain researchers at the University of Leipzig who analyzed electrical activity in the brains of volunteers shortly before and after spontaneous facial self-touch gestures (sFSTG) saw changes in areas linked to thinking, emotion, and memory. They concluded that the



“self-stimulation” touch helps humans balance how they process information and manage emotion. (Apes also exhibit sFSTG, but as yet no one actually knows why.)

All of which explains why it is so hard to stop touching your face. Even doctors have a hard time controlling the impulse. A very small study of 26 medical students at the University of New South Wales who had just completed classes explaining why it is vital for doctors working in hospitals to protect themselves and their patients by not touching the face showed the students putting finger to face on average 23 times in one hour.

Which is no reason to give up.

Try harder.

Carol Ann Rinzler is the author of more than 20 books on health, including "Nutrition for Dummies."

Copyright, Our Town Newspaper

What The Proposed ‘Reform’ of New York City's Property Tax System Will Mean For You!

At the end of January of this year, a Mayoral commission (Commission) issued a report to suggest reforms to our property tax system. For co-op owners, the document made for very unpleasant reading. The report, which like all such commission documents is both long and verbose, came up with some astonishing proposals. Among the most pertinent for residents of Sutton Place are as follows.

1. The Commission recommends moving coops, condominiums and rental buildings with up to 10 units into a new residential class along with one to three family homes. The property tax system would continue to consist of four classes of property: residential, large rentals, utilities, and commercial.
2. The Commission recommends using a sales-based methodology to value all properties in the residential class.
3. The Commission recommends assessing every property in the residential class at its full market value.
4. The Commission recommends that annual market value changes in the new residential class be phased in over five years at a rate of 20% per year, and that “Assessed Value Growth Caps” should be eliminated.

The upshot of these proposed reforms will be that co-op and condo owners, as well as owners of single family houses in Manhattan and Brooklyn, will be facing steep increases in both their assessed valuation and their tax bills. If the Commission report was to become law, many co-op owners would face steep increases in their monthly maintenance payments. Make no mistake: I, like many people, recognize the need to reform our property tax system. The question is why do middle-class co-op owners, already facing increases in their monthly maintenance, as well as suffering from the SALT limitations on income tax deductions, have to pay for this reform? I ask this because many residents are older, purchased their co-ops many years ago, and are no longer earning the sums necessary to withstand these increases. This is the case especially in areas like Sutton Place. In addition, there are many buildings here where such residents will be paying the same increases as the billionaires that may own co-ops in their own buildings. We can only hope that the State Legislature, which needs to approve this legislative monstrosity, will be extremely cautious about approving these proposals.

Charles Giovanni Vanzan Coutinho, Ph.D.

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British National story continued.

He is a Tory, a member of the right-wing party. President Trump, also from the right, insists that the rescue effort is not a government takeover, although Larry Kudlow, director of the National Economic Council, admits it is “the largest Main Street assistance program in U.S. history.” Many Yanks—although perhaps not on Sutton Place—will soon get checks for up to \$1200 in the mail.

Paradoxically, a pandemic that first terrified western countries by seeming to undermine the economic foundations of the state as separate from business wound up engineering another quantum leap in government power over the economy, despite what pols have preached in recent decades about walking back state power and influence. This is particularly jarring for a Briton in America used to hearing criticism of his “nanny state”. One can even react with fear for liberty under the sway of a president who seems to be too interested in using the powers of his office to pursue his widest ambitions.

Unfortunately, the prospect of a greater state role in the economy doesn't translate into greater protection for those suffering from the virus's economic dislocation. American unemployment insurance provides a smaller share of lost income than the amount paid to the jobless in other industrialized Western countries—and runs out faster.

Even without the cuts in benefits under President Trump's reign, Americans are far more vulnerable to the threat from the pandemic than most Europeans.

Lacking anything like the National Health Service and European equivalents mean that a huge proportion of the US population cannot be protected from mass infections, which ultimately means nobody is protected. Not even the wealthy can avoid the consequences of there being no medical system in place for everyone in the country. If some people have no way to be treated that means everyone is at risk of infection. You cannot protect yourself unless everyone else can protect themselves.

As a result, my days sheltering at home on Sutton Place are filled with the sounds of ambulances rushing corona victims to overwhelmed hospitals. I sneak out to the supermarket to get food so we can continue to isolate ourselves. In a pandemic when the poor and jobless are vulnerable, we are all vulnerable.

Paul Lewis was a longtime New York Times correspondent. He reported from both Paris and the United Nations, among other places.



In Memoriam: Mary Clare Bergin



Our entire community suffered an enormous loss in late January of this year with the passing of Mary Clare Bergin.

Mary Clare, as she preferred to be known, was an outstanding community leader, and more importantly, an individual who embodied traits that could only be admired.

She was the elected President of SAC for thirteen years and was a stalwart for its activities. She led the organization in many political skirmishes, often successfully, and its various events, such as the annual Christmas tree lighting, the Menorah lighting, the Easter egg hunt, park clean-ups and flower plantings, the annual gala, among other activities. These events make our community one of the best in which to reside.

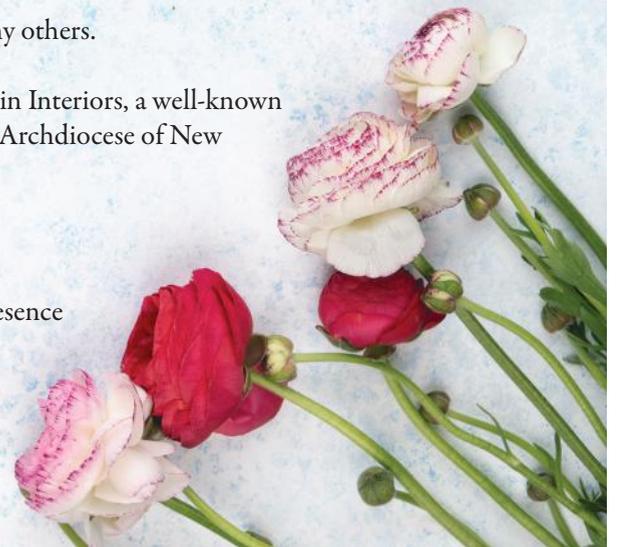
She led SAC with grace, fortitude and energy, making our neighborhood the envy of many others.

Married to Fred Specht, a SAC board member, she successfully owned and operated Bergin Interiors, a well-known designer and decorating company, frequently engaged by various businesses as well as the Archdiocese of New York.

Mary Clare was possessed with good taste, charm and energy, and was able to keep going.

Last, but certainly not least, she was luminous. She would brighten any room with her presence and charm. Mary Clare Bergin will not be forgotten and is missed by all those fortunate enough to have known her.

*Harry Issler, Esq.
SAC Board Member*



Dear SAC Members,

In these dark and troubled times, it is good to know that your friends and neighbors at Sutton Area Community (SAC) are here to help. We in turn need your help in keeping this a well run organization. Accordingly, we ask that you renew your membership and if possible make a donation so that SAC can continue to help your friends and neighbors in the Sutton Place area.

Sutton Area Community (SAC) is always thinking of new ways of helping to improve our neighborhood. Recently, via a handsome donation from a SAC member, we have been able to take on a volunteer who once a week cleans out the tree pits on the First Avenue. As these photographs clearly show, there is a lot to do. Just another example of how SAC is working for you. Please join us and help keep our streets clean. Remember our neighborhood is your neighborhood!

<http://suttonareacommunity.org/#Join-SAC.html>



DIRECTORY OF SAC MERCHANTS AND PROFESSIONAL SERVICES

Please support these merchants who have chosen to become part of our membership.

ARCHITECTS / DESIGNERS

Peter Marino Architect
150 E. 58th, St, 36th Floor, 212-752-5444
Petermarinoarchitect.com
Award winning, international architecture firm well known for prestigious residential and retail design projects.

BUSINESS CONSULTANTS

GMG Tax Preparers
411 E. 53rd Street, 212-751-5847 tax_com@msn.com
Experienced, go the last mile for clients in preparing tax returns for corporations, individuals & partnerships.

Robert Mandeltor, CPA
212-376-0018

FINANCIAL NEWSLETTER

www.global-investing.com
Published right on Sutton Place; will help you diversify your portfolio with American Depository Receipts, Yankee bonds, and global closed-end and exchange-traded funds. In our 28 years of operation we have become an internet daily paid subscription blog.

FRAMING/ART

City Gallery Framing
315 E. 57th 212-688-5035
Provides top of the line frames to corporations, hotels, offices, homes, interior designers and celebrities. We are well known veterans when it comes to picture framing. We beat all our competitors by 25% on all custom framing.

Painting Hangout

315 E. 57th 646-590-6504
Looking for an alternative night out in NYC? Then come join the BYOB Painting Party. Pick up a paintbrush and let the creativity and wine flow whilst you create your very own masterpiece on canvas. All materials are supplied! SAC Members receive a 20% discount.

HAIR, NAIL, & FACE SALONS

Oneida Hair Stylist
355 E. 50th Street, 212-752-5918
Specializing in hair color, highlights, haircuts, blowouts, and more! Full service salon for women and men, including manicure, pedicure and waxing.

HEALTH RELATED SERVICES

Consult Podiatry
400 E. 54th Street, 646-618-6350
Dr. Kantor is trained and experienced in a wide range of podiatry, including palliative care of non-diabetic and diabetic patient wound care, dermatology, and surgical repair of bone and soft tissue deformities of the foot and ankle

Nephrology (Board Certified, Primary Specialty)

Dr. John Rodman, MD
Internal Medicine (Board Certified)
Languages: Spanish, French
(212) 752-3043

Crane Optometry LLC

Dr. Emily Crane, O.D., F.A.A.O.
Clairmont Nichols Opticians
www.ClairmontNichols.com
212.758.2346

CP Burn

1010 First Avenue, 212-758-1010
New to CP Burn? Sign up for one of our New Client Packages to experience our reformer and tower Pilates classes in both classical and cardio-intensive sessions. Our clean, modern studios are located on the Upper East Side and Sutton Place. New clients single class: \$30; New client 4 Pack: \$100.

Strength Training - Michael Hudson

226 E. 54th Street, Suite 501, 347-231-3443
Strength training in a semi private environment in the Sutton Place neighborhood of Manhattan.

Sutton Place Physical Therapy

333 E. 56th Street, 212-317-1600
We provide physical therapy from pediatrics to geriatrics. Specializing in orthopedics, back & neck pain, vestibular, osteoporosis, and fall prevention. Free Fall Risk Screen or 15-minute Injury Screen.

PETS

East Side Animal Hospital
321 E. 52nd Street, 212-751-5176
Full-service, state-of-the-art, small animal facility to address major and minor medical conditions including examinations, vaccinations, dental health, ultrasounds, in-house lab tests. Boarding and grooming at this location.

Reme's Oggi Pets

1001 First Ave 212-838-2250, remesoggipets@gmail.com
We are a spa dedicated to the special needs of your pet, providing top quality grooming for over 16 years.

PHARMACIES

Corby Chemists
988 First Ave 212-755-6632
Full service pharmacy, 10% discount on prescriptions, cosmetics & surgical supplies (except sale items).

Eagle Cosmetics Inc.

971 First Ave, 212-838-1700
Shop for all of your health, wellness and beauty items at Eagle Cosmetics in New York and save on all of your favorites.

HealthSource Pharmacy & Surgical Supplies

1000 First Ave 212-310-0111
We are an integrative pharmacy and health food store that focuses on four core competencies; Pharmacy, Medical Supplies, Nutritional Supplements and Health Food. This focus allows HealthSource to provide a full spectrum of clinical pharmacy services that align traditional and alternative therapies under one roof.

REAL ESTATE

Caprice Management Corporation
320 E. 58th Street, 212-759-4009
Property Management, Licensed Real Estate Brokerage, Capital Improvements and Maintenance.

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Bistro Vendome
405 E. 58th Street, 212-935-9100
info@bistrovendomenyc.com
Classic French cuisine in an elegant tri-level townhouse for lunch, brunch and dinner. Come and enjoy our outdoor terrace.

Deux Amis

356 E. 51st Street, 212-230-1117, www.deuxamisnyc.com
Excellent French cuisine recently featured in Forbes Magazine.

Jubilee

948 First Ave, 212-888-3599
Beekman's & Sutton Place's kitchen for 20 years. Jubilee brings elegance to casual dining in a quaint and vibrant atmosphere; famous for serving a delicious variety of mussels. 5% discount with SAC card (excluding prix fixe and Happy Hour specials)

La Villeta

398 E. 52nd Street, 212-829-0003
Legendary yet simplistic cuisine and boasts some of the best Mediterranean fare.

Madison Restaurant

965 First Ave, 212-421-0948
Breakfast, lunch, dinner and cocktails. Delivery available.

Morso

420 E 59th Street, (212) 759-2706
Inventive Italian cafe with small & large plates, vibrant Pop Art decor & a patio with bridge views.

Neary's

358 E. 57th Street, 212-751-1434
Irish pub offering its famous lamb chops, steaks, seafood and a hearty welcome to all.

Parnell's

350 E. 53rd Street, 212-753-1761
Wholesome food in a cozy relaxed setting. Generous portions and welcoming ambiance.

Pink Moose LLC

1070 First Ave., 212-256-0788
Modern spin on familiar food, using the freshest all-natural ingredients. We take inspiration from the vibrant spices of the Mediterranean, the neighborhoods of New York, and around the world. 10% off for members.

Rotisserie Chicken & More at City Eats

1026 Second Ave, 917-675-6033
There is soo much to choose from! From the mouth watering rotisserie chicken and fresh fried chicken to homemade brisket, roasted turkey and grilled salmon: you will be there 3 times a week after trying it once. Side dishes include Barley, Kasha, Spinach and fresh green vegetables. Stop In for lunch or dinner every day from 11am to 9pm.

Shadmoor

1066 Second Ave, 212-385-9195
The distance between Montauk and Sutton Place shrank with the welcome introduction of Shadmoor into the Sutton Place community with its exquisite seafood menu, signature cocktails and welcoming conviviality.

Sophia Wine Bar

242 E 50th Street #A, 212-888-8660
Pizzas, pastas & small plates with dozens of Old & New World wines by the bottle or glass .

Sutton Cafe

1026 First Ave, 212-421-9184
A nice little diner hidden away on First Ave. Tasty breakfast, lunch and dinner available.

The Greats Of Craft

983 First Ave, 646-781-9600
The Greats Of Craft (GOC for short) is a craft beer focused bar and café located at 983 1st Ave (corner of 54th St). With over 30 rotating craft beer taps, 200+ different beer cans available to-go, a range of espresso-based coffee drinks, craft wine & spirits, and food sourced from nearby shops, GOC highlights outstanding local craft artisans both day and night. Come check out our amazing back lounge area, perfect for private events of up to 40-45 people!

SCHOOLS

Cathedral High School

350 E. 56th Street, 212-688-1545
Founded in 1905, Cathedral High School is an all-girls Catholic College Preparatory school in the Archdiocese of New York located in the heart of Manhattan. We are a community of students, teachers, staff, parents and alumnae committed to inspiring young women of all faiths and cultures to be their best.

Garden House School of New York

40 Sutton Place, 212-421-3282
info@gardenhouseschool.org
Preschool for 2-6 year olds. The school is associated with Garden House School in London, England, and incorporates the philosophy of the British and American educational systems.

Kumon Midtown East

962 First Ave, 212-702-8769
Giving children the advantage to compete in today's world. Kumon helps accelerate your child's learning - from as young as age 3 all the way through high school

The Neighborhood Playhouse School of the Theatre

340 E. 54th Street, 212-688-3770
neighborhoodplayhouse.org
We offer a full time Two Year Certificate Program in Meisner Technique professional acting as well as a concentrated Six-Week Summer Intensive. It is the perfect place to nurture your talent while gaining the skills to launch your career. Come visit us in person, or online. 10% discount on merchandise.

SHOE REPAIR

Elite Shoe Repair Corporation
917 First Ave, 212-759-9266.

SPECIALTY FOODS/CATERERS

A La Mode
360 E. 55th Street, 917-639-3401
Ice cream shoppe & kids boutique offering homemade ice cream. Infant & children's apparel, toys, unique gifts. Allergy friendly, Gluten & dairy-free options.

Simchick Meats

988 First Avenue, 212-888-2299
Fresh custom cuts and hard to find meats with top quality meat and poultry. Free delivery.

SPECIALTY SERVICES

East Midtown Partnership

875 Third Ave., Mezz. 212-813-0030
Help improve quality of life and business in the East Midtown footprint.

WINE AND SPIRITS

Sutton Wine Shop

403 E. 57th Street, 212-755-6626 www.suttonwine.com
Weekly wine tastings hosted by knowledgeable and friendly staff are a great way to sample the many seasonal varieties featured. They offer recommendations, advice, great service, and monthly specials. Gift wrapping and gift delivery are available. 5% discount on most items (excluding sale items/ other exceptions at discretion of management).

WORSHIP

All Saints Episcopal Church

230 E. 60th Street, 212-758-0447
Honoring the spiritual life, we welcome all people looking for a place to find community, purpose and direction. We invite the Sutton Area Community to participate in two of our most important community outreach and engagement activities. -Levy Choir School -Community Meal Volunteering.

Or Olam, The East 55th Street Conservative Synagogue

308 E. 55th Street, 212-752-1200 Conservative.
Egalitarian Synagogue. Welcoming all. Traditional services.

St. John the Evangelist - Our Lady of Peace Catholic Church

348 East 55th Street, 212-753-8418
Welcome to St. John's! Daily Mass 7:00am, 8:15am, 12:10pm, 5:30pm. Saturday Vigil Mass for Sunday 5:30pm. Sunday Mass 7:30am, 9:00am, 10:30am 12:00 Noon and 5:30pm. Confessions Daily 11:30-12:00 Noon & 5:00-5:30pm. Saturday 11:30-12:00 Noon and 4:30- 5:30pm.

Won Buddhism of Manhattan

431 E. 57th 212-750-2773
nyc.wonbuddhism.org
Won Buddhism of Manhattan has served, for the last 19 years, as a spiritual home for New Yorkers.

Sutton Area Community

SAC NEWS BULLETIN
SAC (Sutton Area Community) Inc.
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(212) 838-9770
Email: sacsuttonarea@gmail.com

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SUTTON AREA COMMUNITY

Benefits of a membership:

- A subscription to our SAC Newsletter with exciting updates (both digital & print).
- A SAC Membership Card & Member discounts at local merchants.
- Invitations to members-only & special neighborhood events hosted by SAC.
- Notifications of community, merchant, and services information.
- 100% tax deduction for your membership dues!

WE ARE YOUR NEIGHBORHOOD ASSOCIATION

What we do:

- Address environmental, safety, traffic, transportation, and zoning issues.
- Enhance the aesthetic quality of our streets and parks.
- Act as liason with police, fire, and local government to promote community interests.
- Award grants to community programs, projects, and services.
- Sponsor fun neighborhood events.

IT'S TIME TO JOIN! RENEW YOUR MEMBERSHIP!

Cut here and return with payment

- Senior Individual - \$45 Individual - \$50
 Senior Couple - \$55 Family / Couple - \$60
 Merchant / Professional - \$100
 Premium Merchant - \$350
 Building / Co-Op - \$500 New Member Renewal

Additional Contributions

I would like to contribute to the:

- SAC Clean & Green Fund: \$ _____
 SAC General Fund - \$ _____
 I am interested in becoming a SAC Committee Volunteer

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